

# a small bite

SERVED FROM 11AM - CLOSE

## 3.5 | fries ✓

A CLASSIC, CRISPY FAVOURITE

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## 3.5 | potato chips and dip ✓

SEASONED POTATO CHIPS SERVED WITH HONEY  
MUSTARD BBQ DIP

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## | sticks and dip

VEGGIES SERVED WITH CHOICE OF:

\* RANCH DIP ✓ \$3.5

\* ROASTED RED PEPPER HUMMUS VGN \$4

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## | nacho chips & dip\* VGN

NACHO CHIPS SERVED WITH CHOICE OF:

\* PICO \$3.5

\* VEGAN NACHO CHEESE \$5.5

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## **6 | flatbread** ✓

FRESHLY MADE FLATBREAD, HOUSE-MADE RICOTTA CHEESE,  
TOMATO SLICES, GARLIC BASIL DRIZZLE

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## **6 | chicken tenders**

SERVED WITH CHOICE OF MAPLE-CHIPOTLE OR  
SRIRACHA-HONEY DIP

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## **6 | hummus** VGN/GF\*

ROASTED RED PEPPER HUMMUS, SERVED WITH WARM  
PITA AND CHIPS \*GLUTEN-FREE OPTION, SERVED  
WITH NACHO CHIPS

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## **13/lb | wings**

HONEY SRIRACHA, BUFFALO, OR BARBEQUE

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## **baked goods**

WE CARRY AN ASSORTMENT OF HOUSE-BAKED MUFFINS,  
CROISSANTS, AND MORE! COME SEE US AT THE BAR FOR  
TODAY'S SELECTION.

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# a bigger bite

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## 8 | **cali wrap** VGN

RED PEPPER HUMMUS, TOMATO, CARROTS, CUCUMBER,  
RED CABBAGE, ARUGULA

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## 11 | **nacho mac 'n' cheese** VGN/GF

COCONUT BASED "CHEESE SAUCE", CHIPOTLE PASTE,  
RICE NOODLES, NACHO CHIP CRUMBLE CRUST, SIDE OF  
NACHO CHIPS

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## 11 | **loaded fries**

TOPPINGS ARE SEASONALLY INSPIRED.  
ASK YOUR SERVER FOR DETAILS!

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**ADD: FRIES, CHIPS, HOUSE SALAD, CAESAR SALAD \$3**

# between the bread

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**ADD: FRIES, CHIPS, HOUSE SALAD,  
CAESAR SALAD \$3**

## 11 | **turkey sandwich**

TURKEY, HAVARTI CHEESE, SPROUTS, AVOCADO MAYO,  
ARUGULA, TOMATO, HONEY MUSTARD

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## 11 | **à montréal**

HOUSE-MADE MONTRÉAL SMOKED BEEF, VIC PARK PALE ALE  
PICKLES, HONEY MUSTARD

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## 11 | **the classic**

5OZ BEEF BURGER PATTY, BACON, CHEDDAR CHEESE,  
KETCHUP, MUSTARD, MAYO, FRIED ONIONS,  
VIC PARK PALE ALE PICKLES

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## 11 | **the no. 6.**

CRISPY CHICKEN BURGER, HAVARTI CHEESE,  
SPICY CHIPOTLE MAYO, LETTUCE, TOMATO

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# in the bowl

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## 11 | **bar-itto bowl** ✓

CHIPOTLE RICE, SOUTHWEST VEGETABLES, RED CABBAGE,  
CORN, BLACK BEANS, TACO SAUCE, JALAPEÑO CREAM,  
GREEN ONIONS, GUACAMOLE

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## 8 | **caesar salad**

ROMAINE LETTUCE, PARMESAN CHEESE, BACON, GARLIC  
CROUTONS, LEMON WEDGE, CLASSIC CAESAR DRESSING

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## 8 | **house salad** VGN

ARUGULA, SPINACH, CUCUMBERS, TOMATOES, RED ONIONS,  
MUSHROOMS, CARROTS, SUN-DRIED TOMATO DRESSING

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## 8 | **seasonal salad**

SEASONALLY INSPIRED. ASK YOUR SERVER FOR DETAILS!

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**ADD CHICKEN TO ANY SALAD \$3.5**

# made to share

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## 12 | cauliflower bites ✓

SWEET 'N' SPICY SRIRACHA-HONEY CAULIFLOWER BITES,  
SERVED WITH RANCH DIP

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## 12 | the nachos\* ✓

NACHO CHIPS, RED AND GREEN PEPPER, BLACK BEANS,  
RED ONION, CORN, CILANTRO, CHEESE, GUACAMOLE, TACO  
SAUCE, SOUR CREAM, SERVED WITH FRESH PICO

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## 10 | quesadilla\* ✓

TORTILLA WRAP, RED AND GREEN PEPPER, BLACK BEANS,  
RED ONION, CORN, TACO SAUCE, SERVED WITH FRESH PICO

\* **WITH TEX MEX CHEESE, SOUR CREAM** ✓

\* **WITH COCONUT BASED "CHEESE SAUCE"** VGN

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\* **ADD CHICKEN \$3.5**

\* **ADD EXTRA CHEESE, SOUR CREAM, OR PICO \$2**